

Frauen

Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	Radfahren	Laufen	Gesamt
1	10075	Fritzi Willoaghby	DLC Aachen	TW25	1	11:36 (2)	1:07:42 (1)	40:21 (1)	1:59:40
2	12088	Larissa Jasper		TW25	2	12:12 (3)	1:08:32 (2)	41:38 (2)	2:02:23
3	10084	Katharina Thoma	Tri Finish Münster	TW25	3	11:01 (1)	1:11:43 (3)	42:04 (3)	2:04:48
4	10069	Kathrin Dette	Trifinish Münster	TW35	1	14:43 (8)	1:13:50 (4)	44:27 (4)	2:13:00
5	10059	Lisa Römer	Triathlon Team TSV Gruiten 1884	TW40	1	17:56 (23)	1:17:13 (7)	44:56 (6)	2:20:05
6	10032	Andrea Höller	TSV Bayer 04 Leverkusen	TW55	1	18:57 (30)	1:15:45 (5)	46:20 (8)	2:21:01
7	10072	Manuela Staelberg		TW30	1	14:26 (7)	1:20:59 (12)	45:39 (7)	2:21:03
8	10053	Kristine Sievering	Ausdauerschule bunert	TW40	2	17:22 (19)	1:20:31 (11)	44:56 (5)	2:22:49
9	10035	Maya von Czerniewicz	Triathlon Team TSV Gruiten 1884	TW50	1	17:09 (15)	1:16:17 (6)	50:18 (19)	2:23:43
10	10067	Stefanie Tautz	Mach3 Köln e.V.	TW35	2	18:34 (26)	1:19:18 (8)	47:24 (11)	2:25:16
11	10078	Kim Braunias		TW30	2	13:56 (5)	1:24:45 (23)	47:24 (10)	2:26:05
12	10047	Julia Borell		TW40	3	16:11 (11)	1:22:54 (20)	48:20 (13)	2:27:25
13	11002	Nicole Frank	KUH	TW20	1	16:13 (12)	1:22:16 (16)	48:58 (14)	2:27:27
14	10082	Hanna Maibaum	Triathlon Team TSV Gruiten 1884	TW25	4	15:44 (9)	1:22:20 (17)	50:03 (18)	2:28:07
15	10083	Laura Benkenstein		TW25	5	17:14 (17)	1:22:01 (15)	49:50 (17)	2:29:05
16	10030	Nicola Schweikhart	LT Starlight Team Essen / LT Lukas	TW55	2	17:49 (22)	1:21:54 (14)	49:46 (16)	2:29:29
17	10080	Leonie Pieper	Triathlon Team Düsseldorf	TW30	3	16:03 (10)	1:21:31 (13)	52:33 (24)	2:30:07
18	10060	Annette Schulze	Gehörlosen TSV ESSEN	TW40	4	17:03 (14)	1:20:18 (10)	53:05 (27)	2:30:26
19	10055	Verena Houben	Triathlon Waldfeucht	TW40	5	16:28 (13)	1:22:36 (18)	52:48 (25)	2:31:52
20	10086	Laura Braun	BRDIGERUNNERS DÜSSELDORF	TW25	6	19:12 (32)	1:19:54 (9)	52:51 (26)	2:31:56
21	10028	Ilona Benkenstein		TW60	1	17:36 (21)	1:23:40 (21)	51:06 (20)	2:32:22
22	10065	Samira Bender	KTT 01	TW35	3	18:40 (28)	1:24:48 (24)	52:09 (22)	2:35:37
23	10090	Anna Knapp		TW20	2	14:08 (6)	1:26:00 (28)	56:09 (33)	2:36:17
24	10026	Lilo Hellenbrand	Triathlon Waldfeucht e.V.	TW65	1	20:27 (34)	1:30:37 (35)	46:33 (9)	2:37:38
25	10050	Christina Becke	SV-Hellas Siegburg	TW40	6	17:12 (16)	1:28:36 (32)	52:03 (21)	2:37:50
26	10037	Dagmar Frenz	SG Monheim	TW50	2	17:19 (18)	1:26:57 (29)	53:58 (30)	2:38:13
27	10036	Anja Gelbarth	LT Starlight team Essen / LT Lukas	TW50	3	21:03 (40)	1:25:12 (26)	52:10 (23)	2:38:25
28	10079	Cathrin Mundt	TTR 08 e.V.	TW30	4	18:15 (25)	1:25:08 (25)	55:32 (32)	2:38:56
29	10076	Halima Zebri		TW30	5	19:00 (31)	1:23:49 (22)	56:41 (34)	2:39:30
30	10041	Ilka Grundmann	CCD	TW45	1	22:55 (43)	1:22:53 (19)	53:49 (29)	2:39:37
31	10057	Julia Nickel		TW40	7	19:30 (33)	1:28:23 (31)	53:27 (28)	2:41:20
32	10058	Britta Kaiser	LDT (Linden - Dahlhauser TV)	TW40	8	18:36 (27)	1:25:40 (27)	1:00:36 (37)	2:44:52
33	10077	Carina Dubs		TW30	6	13:15 (4)	1:28:38 (33)	1:05:47 (43)	2:47:40
34	10027	Eva Görgen	TSV Bayer 04 Leverkusen	TW65	2	18:50 (29)	1:30:02 (34)	59:22 (35)	2:48:13
35	11003	Sophie Black	KUH	TW20	3	17:23 (20)	1:37:49 (40)	54:23 (31)	2:49:35

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Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	Radfahren	Laufen	Gesamt
36	10042	Melanie Franzus	Rennschnecken 2000 e.V.	TW45	2	24:47 (46)	1:36:53 (39)	48:00 (12)	2:49:40
37	10063	Nelli Malter	TRlandertaler	TW35	4	20:32 (36)	1:40:45 (41)	49:38 (15)	2:50:56
38	10052	Britta Nobis		TW40	9	23:10 (44)	1:27:59 (30)	1:02:44 (40)	2:53:53
39	10034	Diana Meike	ASV Duisburg	TW50	4	20:50 (39)	1:30:40 (36)	1:03:04 (41)	2:54:35
40	10040	Sandra Schön	By Laufcoach Schön	TW45	3	20:35 (37)	1:34:22 (37)	1:00:19 (36)	2:55:16
41	10061	Barbara Schöttle	Marathon & Triathlon Müllheim	TW60	2	21:56 (42)	1:36:16 (38)	1:01:10 (38)	2:59:22
42	10044	Yvonne Schöpflin		TW45	4	20:39 (38)	1:43:59 (43)	1:01:33 (39)	3:06:11
43	10039	Genevieve Liountaroglou-Menzel	Fräulein Triathlon	TW45	5	21:47 (41)	1:41:57 (42)	1:09:36 (45)	3:13:21
44	10043	Patricia Jahnel		TW45	6	20:31 (35)	1:49:01 (44)	1:05:29 (42)	3:15:02
45	10051	Annika Lehnert	Starlight Team Essen	TW40	10	24:00 (45)	1:52:58 (45)	1:06:31 (44)	3:23:29

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Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	Radfahren	Laufen	Gesamt
1	13040	Paul Senger	DLC Aachen	TM25	1	11:56 (4)	59:58 (1)	34:44 (1)	1:46:39
2	12068	Stephan Preden	Triathlon Team TSV Gruiten 1884	TM35	1	13:43 (7)	1:01:32 (2)	38:17 (4)	1:53:32
3	12089	Chris Zimmermann	Tri Club Wuppertal	TM35	2	13:52 (9)	1:05:58 (5)	36:03 (2)	1:55:53
4	13039	Aljoscha Busenius	TriSpeed Sauerland	TM25	2	11:25 (3)	1:07:44 (10)	39:36 (6)	1:58:46
5	13018	Marc Maczijek	Moerser TV Triathlon	TM30	1	16:05 (45)	1:07:32 (8)	37:00 (3)	2:00:37
6	12014	Stephan Seidel	TG Neuss Triathlon	TM45	1	14:05 (13)	1:07:52 (12)	38:58 (5)	2:00:55
7	12075	Daniel Pätzold		TM35	3	16:04 (42)	1:04:02 (4)	41:21 (9)	2:01:27
8	13023	Alexander Neuhaus	SF Unna 01/10	TM20	1	10:48 (2)	1:02:16 (3)	49:15 (67)	2:02:19
9	10085	Kai D Alquen		TM35	4	14:42 (23)	1:07:49 (11)	40:36 (8)	2:03:07
10	13061	Sascha Severin	LT Starlight Team Essen	TM50	1	14:35 (19)	1:06:37 (6)	45:16 (29)	2:06:27
11	13022	Frederik Aulich	Duisburger SV 98 Triathlon Team	TM30	2	17:11 (73)	1:08:23 (13)	41:51 (13)	2:07:25
12	12086	Lars Kaiser	Duisburger SV 98 Triathlon Team	TM35	5	15:07 (28)	1:08:53 (15)	43:32 (18)	2:07:33
13	12078	André Dieninghoff		TM35	6	13:08 (5)	1:09:55 (20)	44:32 (22)	2:07:36
14	12056	Fabian Wiemann		TM40	1	14:31 (18)	1:08:29 (14)	44:52 (26)	2:07:51
15	13016	Jean Müßgens		TM30	3	16:44 (56)	1:09:59 (21)	41:34 (12)	2:08:17
16	12012	Frank Blomen	Bocholter Wassersportverein	TM45	2	16:19 (50)	1:08:54 (16)	43:09 (15)	2:08:22
17	13027	Jan Ottersbach	Triforce Vital Remscheid	TM30	4	15:11 (31)	1:09:07 (17)	44:19 (20)	2:08:37
18	13051	Thilo Knipping	Tri Club Wuppertal	TM20	2	14:18 (15)	1:12:06 (30)	42:36 (14)	2:09:01
19	13001	Oliver Tenfelde		TM35	7	15:57 (40)	1:12:22 (34)	41:22 (10)	2:09:41
20	12002	Thomas Müller	TuS Xanten	TM45	3	14:39 (22)	1:12:26 (35)	43:11 (16)	2:10:16
21	13015	Christoph Esch		TM30	5	16:10 (47)	1:14:04 (43)	40:03 (7)	2:10:18
22	12036	Alexander Köder	SV Hellas Siegburg	TM40	2	14:56 (26)	1:11:46 (28)	43:53 (19)	2:10:34

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Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	Radfahren	Laufen	Gesamt
23	13037	Lukas Körger	KUH	TM25	3	15:59 (41)	1:10:29 (23)	44:45 (24)	2:11:14
24	11008	Michael Mohr		TM60	1	16:05 (43)	1:07:25 (7)	47:55 (50)	2:11:25
25	12009	Florian Biedermann	Marathon-Club Eschweiler	TM45	4	13:58 (11)	1:07:37 (9)	50:30 (77)	2:12:06
26	12055	Florian Wimmer		TM40	3	15:29 (33)	1:09:37 (18)	47:00 (42)	2:12:07
27	12045	Thomas Knappe	Freie Schwimmer Düsseldorf	TM40	4	14:04 (12)	1:10:57 (24)	47:17 (44)	2:12:18
28	13013	Thomas Bauch	HSP Münster	TM30	6	14:19 (16)	1:12:36 (36)	46:22 (40)	2:13:16
29	12015	Adam Weiner	Erdinger Alkoholfrei	TM45	5	16:21 (51)	1:12:06 (31)	45:18 (30)	2:13:45
30	12003	Dirk Nithammer	Triandertaler-ME Sport e.V.	TM50	2	15:00 (27)	1:10:13 (22)	48:40 (62)	2:13:53
31	12028	Thomas Dillinger	ASC Ratingen West	TM45	6	14:10 (14)	1:11:45 (27)	48:12 (55)	2:14:06
32	13033	Lennart Hofeditz	Duisburger SV 98 Triathlon Team	TM25	4	17:01 (68)	1:16:50 (63)	41:30 (11)	2:15:20
33	11006	Jens Kleinau	Freie Schwimmer Duesseldorf	TM60	2	13:53 (10)	1:15:25 (52)	46:05 (38)	2:15:23
34	11090	Andreas Wollweber	SV Hellas	TM45	7	17:49 (89)	1:09:38 (19)	48:01 (51)	2:15:29
35	13052	Frank Ott	KUH	TM20	3	17:31 (79)	1:14:43 (47)	43:21 (17)	2:15:34
36	12025	Rouven Kuhn	Team Ultra Sports	TM35	8	15:49 (38)	1:15:04 (48)	45:04 (27)	2:15:57
37	11044	Herbert Küppers	Triathlon Waldfeucht e.V.	TM50	3	16:45 (59)	1:11:22 (26)	48:07 (53)	2:16:14
38	11060	Andre Ventker	Triathlon Team TSV Gruiten 1884	TM50	4	14:37 (21)	1:11:11 (25)	50:45 (80)	2:16:32
39	12081	Samuel Murray	TRC Essen 84	TM35	9	16:56 (65)	1:12:10 (32)	47:32 (46)	2:16:38
40	13002	Fabian Thäter		TM35	10	14:20 (17)	1:16:43 (61)	46:26 (41)	2:17:29
41	13029	Dennis Pütz	MACH3 Köln e.V.	TM25	5	15:28 (32)	1:11:47 (29)	50:15 (74)	2:17:31
42	13009	Steven Kollmorgen		TM30	7	16:06 (46)	1:13:24 (38)	48:04 (52)	2:17:34
43	13045	Jano Bremes	Tri-Team TV Schiefbahn	TM25	6	15:45 (37)	1:16:48 (62)	45:10 (28)	2:17:43
44	11080	Andre Janssen	Tri-Team TV Schiefbahn	TM45	8	16:37 (54)	1:13:26 (39)	47:40 (48)	2:17:43
45	13012	Holger Kortenjann		TM30	8	19:16 (112)	1:14:28 (45)	44:38 (23)	2:18:22
46	12063	Holger Hirsch		TM35	11	17:16 (75)	1:13:44 (42)	47:40 (48)	2:18:40
47	13025	Marc Sobaszkiwicz	LP-Racing Team	TM30	9	16:44 (57)	1:13:38 (40)	48:18 (57)	2:18:41
48	12018	Michael Sigl	ASV Süchteln	TM45	9	14:35 (20)	1:12:21 (33)	52:11 (89)	2:19:07
49	12076	Tobias Krause	Marathon und Triathlon Mülheim	TM35	12	17:17 (76)	1:16:39 (60)	45:22 (31)	2:19:18
50	13050	Jonas Hentges		TM20	4	20:30 (124)	1:12:39 (37)	46:18 (39)	2:19:27
51	13004	Michael Jasper	Triathlon Team Düsseldorf	TM35	13	17:11 (72)	1:17:46 (68)	44:31 (21)	2:19:27
52	11030	Mathias Poguntke		TM55	1	19:02 (108)	1:15:10 (50)	45:38 (34)	2:19:50
53	11078	Christian Hörnchen-Montag	TSV Hochdahl Triathlon	TM45	10	16:23 (52)	1:18:02 (72)	45:50 (37)	2:20:15
54	12043	Stephan Klein	ASC Weißbachtal	TM40	5	15:09 (29)	1:18:43 (73)	47:30 (45)	2:21:22
55	13019	Lothain Brisset		TM30	10	16:38 (55)	1:19:23 (77)	45:37 (33)	2:21:38
56	11028	Marko Rottschäfer	SV Bergisch Gladbach	TM55	2	15:34 (34)	1:15:06 (49)	51:17 (82)	2:21:57
57	12067	Björn Beil	ERDINGER Active Team	TM35	14	14:56 (25)	1:21:36 (91)	45:28 (32)	2:21:59

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58	11034	Andreas Ehmke	BSG Edscha Remscheid	TM55	3	20:02 (121)	1:14:07 (44)	48:32 (61)	2:22:41
59	11012	Olaf Höfler	Team Erdinger Alkoholfrei	TM55	4	14:47 (24)	1:15:30 (54)	52:43 (95)	2:23:00
60	12034	Felix Richter		TM40	6	15:40 (35)	1:19:12 (75)	48:30 (60)	2:23:23
61	12057	Christian Tobias-Sutter	SportsAgents Düsseldorf	TM40	7	17:15 (74)	1:19:26 (78)	47:06 (43)	2:23:47
62	12008	Jan Neuse		TM45	11	18:28 (99)	1:17:10 (64)	48:10 (54)	2:23:48
63	11016	Salvador Moran	Team Erdinger	TM55	5	20:03 (122)	1:13:44 (41)	50:37 (79)	2:24:24
64	12042	Till Martschink		TM40	8	17:03 (69)	1:16:24 (57)	51:17 (83)	2:24:45
65	13011	Jonas Köhler		TM30	11	17:55 (91)	1:22:19 (93)	44:47 (25)	2:25:00
66	13032	Maximilian Zeller		TM25	7	24:31 (146)	1:15:14 (51)	45:47 (36)	2:25:32
67	13043	Marc Neu	KUH	TM25	8	13:15 (6)	1:17:13 (65)	55:17 (107)	2:25:45
68	12065	Benjamin Kluck		TM35	15	18:56 (104)	1:21:05 (87)	45:45 (35)	2:25:45
69	12001	Carsten Wiesner	Team beVegt.de	TM45	12	19:35 (116)	1:17:47 (70)	48:25 (58)	2:25:47
70	11049	Ralf Wismann	Triathlon Team Düsseldorf	TM40	9	16:52 (61)	1:16:24 (58)	52:33 (92)	2:25:49
71	12047	Sebastian Kremser	Triathlon Team Düsseldorf	TM40	10	17:35 (82)	1:16:30 (59)	51:44 (85)	2:25:49
72	12013	Claudius Wege	PSV Brühl Triathlon Team	TM45	13	21:15 (131)	1:15:27 (53)	49:50 (72)	2:26:32
73	11040	Oliver Multhaupt	Cycle Bros. Essen	TM55	6	19:36 (117)	1:17:49 (71)	49:21 (69)	2:26:47
74	11025	Hartmut Lass		TM55	7	19:01 (107)	1:17:47 (69)	50:14 (73)	2:27:02
75	11047	Stephan Wallrich		TM50	5	17:49 (90)	1:16:10 (56)	53:03 (97)	2:27:02
76	13044	Cornelius Middelhoff	KUH	TM25	9	17:44 (87)	1:14:36 (46)	54:49 (105)	2:27:09
77	13007	Kai Urban		TM35	16	17:35 (83)	1:21:33 (90)	49:00 (66)	2:28:08
78	12052	Uwe Engelbert	Mettmann-Sport	TM40	11	16:12 (48)	1:19:08 (74)	53:49 (101)	2:29:10
79	12030	Arnaud Gelinet		TM45	14	17:38 (84)	1:22:56 (98)	48:44 (63)	2:29:17
80	11024	Jörn Colling	MACH3 Köln e.V.	TM55	8	17:29 (78)	1:20:46 (85)	51:27 (84)	2:29:42
81	11013	Jürgen Kürpig	DLRG Düsseldorf	TM55	9	15:11 (30)	1:22:23 (96)	52:10 (88)	2:29:43
82	12016	André Prediger	SV Gladbeck 13	TM45	15	18:07 (92)	1:15:57 (55)	55:49 (111)	2:29:53
83	12044	Holger Baten	Triathlon Team Düsseldorf	TM45	16	18:10 (94)	1:24:15 (108)	47:36 (47)	2:30:00
84	11005	Peter Witzke		TM60	3	17:32 (81)	1:23:34 (103)	49:19 (68)	2:30:25
85	12019	Michael Wagner	FSD Freie Schwimmer Düsseldorf	TM45	17	16:14 (49)	1:22:20 (94)	51:52 (86)	2:30:26
86	12051	Thomas Plonka	power & pace	TM40	12	21:25 (132)	1:19:23 (76)	49:42 (71)	2:30:29
87	11089	Lars Langenbruch	LG Düsseler Tor	TM45	18	18:21 (95)	1:23:26 (101)	48:57 (65)	2:30:45
88	11053	Ralf Oltrop	Emden	TM50	6	17:41 (86)	1:22:21 (95)	50:45 (81)	2:30:47
89	13024	Felix Kirch	Eintracht Frankfurt Triathlon	TM30	12	16:53 (63)	1:17:42 (67)	56:23 (113)	2:30:58
90	12007	Daniel Carstensen		TM45	19	19:06 (109)	1:20:07 (82)	52:01 (87)	2:31:13
91	12082	Raphael Opitz	Fortuna Düsseldorf Triathlon	TM35	17	16:44 (58)	1:19:50 (80)	54:47 (104)	2:31:21
92	12022	Alexander Hlawenka	DLC Aachen	TM45	20	17:18 (77)	1:23:51 (105)	50:27 (76)	2:31:36

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93	13008	Rudolf Hofstädter	Kinder- und Jugendhospiz Regenbogenland	TM30	13	18:28 (98)	1:20:39 (84)	53:24 (99)	2:32:31
94	12020	Michael Demand		TM45	21	20:39 (127)	()	()	2:32:33
95	12071	Philip Wilk		TM35	18	13:49 (8)	1:17:36 (66)	1:01:09 (127)	2:32:34
96	12038	Saso Menkinoski	Marathon und Triathlon Mülheim	TM40	13	19:09 (110)	1:21:04 (86)	52:23 (91)	2:32:36
97	13010	Sercan Dönmez	Hot Runners Ratingen e.V.	TM30	14	18:42 (101)	1:23:33 (102)	50:26 (75)	2:32:40
98	13038	Felix Münz		TM25	10	18:24 (96)	1:19:38 (79)	54:57 (106)	2:32:59
99	13060	Nils Oltrop		MJB	1	15:40 (35)	1:24:40 (109)	52:43 (94)	2:33:03
100	11042	Thomas Junk	Triathlon Team Düsseldorf	TM50	7	17:46 (88)	1:19:51 (81)	55:38 (109)	2:33:15
101	13046	Paul Reinig	KUH	TM20	5	20:44 (128)	1:22:01 (92)	50:35 (78)	2:33:20
102	11077	Albert Florack	Triathlon Team Düsseldorf	TM60	4	17:31 (80)	1:23:25 (100)	52:53 (96)	2:33:49
103	12050	Jonathan Riedl		TM40	14	17:09 (71)	1:28:34 (121)	48:29 (59)	2:34:12
104	12061	Ilja Thierbach	Hot Runners Ratingen e.V.	TM40	15	16:51 (60)	1:25:14 (112)	52:22 (90)	2:34:27
105	13057	Luca Riedeberger	Tus Wesseling	MJUN	1	16:30 (53)	1:30:39 (128)	48:13 (56)	2:35:22
106	13005	Yannik Jäger	Die Raketen	TM35	19	22:19 (137)	1:24:10 (107)	48:57 (64)	2:35:25
107	12046	Martin Köster	SV13	TM40	16	16:05 (43)	1:21:23 (88)	58:27 (122)	2:35:55
108	12079	Gunar Wagner	PSV Brühl	TM35	20	16:53 (62)	1:23:18 (99)	57:26 (118)	2:37:37
109	11065	Klaus Mertens	Kempen Fighter	TM50	8	19:27 (114)	1:29:01 (123)	49:40 (70)	2:38:07
110	11029	Thomas Röwekamp	ASC Ratingen West	TM55	10	19:52 (119)	1:25:06 (111)	53:17 (98)	2:38:15
111	11023	Andreas Sauer	Marathon Triathlon Mülheim	TM55	11	18:26 (97)	1:23:45 (104)	56:12 (112)	2:38:24
112	11051	Holger Böhme	Triathlon Team Düsseldorf	TM50	9	18:44 (102)	1:25:26 (113)	55:32 (108)	2:39:42
113	12006	Ansgar Werneke		TM45	22	21:26 (133)	1:20:29 (83)	59:08 (124)	2:41:03
114	11027	Jörg Groß		TM55	12	19:26 (113)	1:21:24 (89)	1:00:28 (125)	2:41:18
115	12072	Dariusz Rokosz	Cycling Club Düsseldorf	TM35	21	16:54 (64)	1:30:09 (126)	54:35 (102)	2:41:37
116	11084	Andreas Frößler	Team Erdinger / TS 79	TM45	23	19:14 (111)	1:24:49 (110)	57:55 (119)	2:41:58
117	11045	Stefan Preuß	Vodastecher Tri-Team	TM50	10	17:01 (67)	1:26:29 (115)	58:32 (123)	2:42:02
118	11052	Kai Kuklinski		TM50	11	17:39 (85)	1:32:43 (133)	52:41 (93)	2:43:03
119	11026	André Hausendorf		TM55	13	22:30 (140)	1:23:58 (106)	57:21 (117)	2:43:49
120	11050	Christian Thelen	Fortuna Düsseldorf Triathlon	TM50	12	18:29 (100)	1:29:38 (124)	55:43 (110)	2:43:50
121	11036	Toni Koszielni		TM60	5	23:18 (142)	1:22:48 (97)	58:23 (121)	2:44:29
122	11088	Marco Fielitz		TM45	24	18:08 (93)	1:29:50 (125)	56:51 (116)	2:44:48
123	11059	Andreas Ewert		TM50	13	19:48 (118)	1:30:46 (129)	54:40 (103)	2:45:14
124	12005	Jaan Unger		TM45	25	18:58 (105)	1:27:56 (118)	58:22 (120)	2:45:16
125	12073	Rodrigo Struber		TM35	22	15:52 (39)	1:28:04 (120)	1:02:05 (130)	2:46:01
126	11081	Markus Bergmann		TM45	26	20:56 (129)	1:28:43 (122)	56:23 (114)	2:46:02
127	12035	Daniel Mattheus	SV Hellas Siegburg	TM40	17	19:31 (115)	1:25:51 (114)	1:02:51 (132)	2:48:13

Männer

Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	Radfahren	Laufen	Gesamt
128	11069	Björn Goller	TRC Essen	TM50	14	19:59 (120)	1:32:37 (132)	56:50 (115)	2:49:26
129	11015	Peter Nagel		TM55	14	20:09 (123)	1:28:00 (119)	1:01:22 (129)	2:49:30
130	11087	Jörg Eberhardt	Wild Boys Merl e. V.	TM45	27	20:34 (125)	1:37:46 (135)	53:34 (100)	2:51:54
131	12049	Nils Malter		TM40	18	19:01 (106)	1:32:08 (131)	1:01:13 (128)	2:52:22
132	11058	Olaf Balzer	TV Ratingen	TM50	15	23:30 (143)	1:27:34 (116)	1:04:16 (133)	2:55:20
133	12087	Christoph Suhrbier	Hot Runners Ratingen	TM35	23	21:08 (130)	1:27:36 (117)	1:08:49 (136)	2:57:33
134	12032	Thomas Forsting		TM40	19	18:54 (103)	1:38:03 (136)	1:00:44 (126)	2:57:40
135	11079	Thorsten Obermeier		TM45	28	22:24 (138)	1:31:42 (130)	1:05:11 (134)	2:59:17
136	13031	Andre Eisenschmidt	Hot Runners Ratingen e.V.	TM25	11	24:09 (145)	1:30:27 (127)	1:07:07 (135)	3:01:42
137	13006	Immanuel Wyszynski		TM35	24	16:56 (66)	1:35:14 (134)	1:12:11 (138)	3:04:21
138	12041	Michael Herrmann		TM40	20	20:38 (126)	1:42:30 (138)	1:02:34 (131)	3:05:43
139	12021	Thomas Neumann		TM45	29	22:10 (135)	1:38:10 (137)	1:09:19 (137)	3:09:38
140	11021	Ralf Pagel		TM55	15	21:54 (134)	1:47:27 (139)	1:16:55 (139)	3:26:16
141	11014	Dieter Korten		TM55	16	24:08 (144)	1:49:02 (140)	1:19:37 (140)	3:32:47
142	11031	Rolf Degel	ASC Ratingen	TM55	17	22:16 (136)	2:09:57 (141)	1:22:54 (142)	3:55:06
143	11038	Karsten Hoffmann	ASC West Tennis	TM55	18	22:25 (139)	2:19:49 (142)	1:21:45 (141)	4:03:59